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	<b>Product Name</b>	<b>Brands</b>
	All Bran Wheat	Kellogg
	Alpha Bits	Post
	Berry Berry Kix	General Mills
	Bite Size Shredded Wheat	Great Value
	Bite Size Frosted Blueberry Shredded Wheat	IGA, Kroger
	Bite Size Frosted Shredded Wheat	Food Club, HY-TOP, IGA, Kiggins, Kroger
	Bite Size Frosted Strawberry Shredded Wheat	IGA
	Bite Size Strawberry Cream Frosted Shredded Wheat	Kroger
	Bite-Sized Frosted Shredded Wheat	Food Lion, Hannaford, My Essentials
	Bite-Sized Strawberry Frosted Shredded Wheat	Food Lion, My Essentials
	Blueberry Mini Spooners	Malt-O-Meal
	Bran Flakes	Best Choice, Food Lion, Grain Berry, Great Value (Walmart), Hannaford, HY•TOP, IGA, Kiggins, Kroger, Lowes Foods, Our Family (Food Pride and Econofoods), Post, Publix, Shurfine, Southern Home ( BI-LO), Millville (Aldi), Corn Chex, General Mills, Trader Joe's
	Brown Rice Farina	Bob's Red Mill

	Cheerios	General Mills
	Corn Chex	General Mills
	Corn Flakes	Kellogg's, Lowes Foods, Millville (Aldi), Harris Teeter
	Corn Squares	Millville (Aldi)
	Crisp 6	Harris Teeter
	Crispix	Kellogg's
	Crisp Rice	Millville (Aldi)
	Crispy Oats	Millville (Aldi)
	Crispy Rice	Harris Teeter, Lowes Foods
	Crunchy Nuggets	Great Value
	Crunchy Oat Squares	Great Value, Essential Everyday
	Enriched Bran Flakes	IGA, Laura Lynn (Ingles), Harris Teeter, Piggly Wiggly, Ralston Foods, Best Choice
	Essential Choice Bran Flakes	Food Club
	Essential Choice Oat Cereal	Food Club
	Fiber One Honey Clusters	General Mills
	Frosted Bite Size Shredded Wheat (Plain and Blueberry Delight)	Millville (Aldi)
	Frosted Bite Size Shredded Wheat	Our Family (Food Pride and Econofoods), Harris Teeter, Trader Joe's, IGA, Best Choice, Ralston Foods
	Frosted Mini-Spooners	Malt-O-Meal
	Frosted Mini-Wheats + (Bite Size and Big Size)	Kellogg's

	Frosted Mini-Wheats Touch of Fruit in the Middle (Raspberry)	Kellogg's
	Frosted Shredded Wheat Bite Size Strawberry	Best Choice, Great Value
	Frosted Wheat	Publix
	Grape-Nuts	Post
	Grape Nuts Flakes	Post
	Great Grains Banana Nut Crunch	Post
	Great Grains Cinnamon Hazelnut Protein Blend	Post
	Great Grains Crunchy Pecans	Post
	Happy O's	Best Choice
	High Fiber Bran Flakes	Our Family (Food Pride and Econofoods)
	High Fiber Cereal	Trader Joe's
	Honey Bunches of Oats Whole Grain Almond Crunch	Post
	Honey Bunches of Oats with Cinnamon Bunches	Post
	Honey Bunches of Oats with Almonds	Post
	Honey Bunches of Oats with Honey Roasted	Post
	Honey Bunches of Oats with Pecan & Maple Brown Sugar	Post
	Honey Crunch 'n Oats (Plain and Almond)	Millville (Aldi)
	Honey Kix	General Mills
	Honey Nut	Grain Berry
	Joe's O's	Trader Joes

	Kix	General Mills
	Life	Quaker
	Live Life @ 100%	Best Choice
	Lively Oats	Shurfine
	Living Well Multi-Grain	Kroger
	Mini-Wheats Unfrosted	Kellogg's
	MultiGrain	Essential Everyday
	MultiGrain Cheerios	General Mills
	MultiGrain Crispy Oats	Millville (Aldi)
	Multi-Grain Toasted Oats	Our Family (Food Pride and Econofoods)
	Nutty Nuggets	Best Choice, Essential Everyday, Hannaford, IGA, Kroger, Lowes Foods, Our Family, Publix, Laura Lynn
	Oat Crunch Original	Publix
	Oats And More - With Almonds and With Honey	Lowes, Ralston, Food Lion, Harris Teeter
	Oat Squares	Kroger
	Oat Wise	Ralston
	Oatmeal Squares With Brown Sugar, or Honey Nut, or Cinnamon or Golden Maple	Quaker
	Rice Chex	General Mills
	Shredded Wheat	Grain Berry (Not Cheerio Brand)
	Shredded Wheat Honey Nut	Post

	Simple Granola	Sunbelt Bakery
	Strawberry Cream Mini Spooners	Malt-O-Meal
	Tasteeos	Food Lion, Hannaford, IGA, Lowes Foods, My Essentials, Ralston Foods
	Toasted Multi-Grain	Great Value
	Toasted Oats	Always Save, Essential Everyday, Fred Meyer, Frys, Grain Berry, Harris Teeter, HY•TOP, IGA, Kroger, Laura Lynn, Market Pantry(Target), Our Family, Piggly Wiggly, Publix, Shurfine, Southern Home, Full Circle
	Toasted Oats Multi Grain	Laura Lynn
	Toasted Oats Original	Food Club
	Toasted Whole Grain Oats	Great Value
	Total Whole Grain	General Mills
	Wheat Bran Flakes	Essential Every day, Laura Lynn, Ralston
	Wheat Chex	General Mills
	Wheat Squares	Food Club, Shurefine
	Wheaties	General Mills
	Whole Grain 2 <sup>1/2</sup> Minute	Cream of Wheat